

NYSADTA INC. SPRING 2015 NEWSLETTER

Welcome!

I wanted to take a moment to introduce you to the newly elected board of directors for the NYSADTA. They are as follows: Jackie Gonzalez, Acting President & Vice President; Jennifer Daniel, Treasurer; Angela DeWall, Secretary; Angie Giordano-Adams, Public Relations Chair; and our two student representatives, Vicky Botvin and Neha Christopher.

We invite all current members and prospective new members to join us for our upcoming open meeting on Monday, April 27th. Come meet the board, share your ideas, and discover the benefits of becoming a member of the NYSADTA. If you are outside of the NYC area or are unable to attend in person, please contact me to arrange for virtual attendance.

Then, come join us on **Saturday, May 16th** for our first event of the year. We will be combining forces with the New Jersey chapter and dancing in the **Dance Parade**. This event provides an opportunity to help increase public awareness of dance/movement therapy while nurturing our creativity, networking with students and professionals in the field, and having fun dancing together. If you are interested in joining us, please email Angie Giordano-Adams at nysadtaprchair@gmail.com. Stay tuned for further details.

We are excited about the opportunity to get to know you, to educate our community, and to return to our creative roots. At the same time, we are mindful of the challenges that each of us face in our daily lives. It is easy for us to become inundated by the demands placed on us by

the very nature of our work. As many of us try to find that balance between working, teaching, researching, mentoring, private practice, continuing education, family, friends, and our personal lives—it can be easy to feel overwhelmed by the prospect of attending yet another meeting or event. Our hope is that we can reduce this burden by creating a space for our members to come together in order to counter feelings of isolation while guiding them through those inevitable periods of feeling burnt out, overwhelmed, or unsure of themselves. We ask you to join us in sharing your ideas and helping to create a community where we can continue to inspire, revitalize, educate, and share our work.

As a board, we have already begun this dialogue with some of our members, and we are hard at work in bringing the ideas that you have shared with us to life. We've heard your desire to dance in the Dance Parade, to bring back the annual dance concert, to find new ways to integrate our members outside of the NYC area, and to work alongside nationals to advocate for the need to merge the current LCAT and BC-DMT exams.

On behalf of our entire board, we encourage you to engage in an ongoing dialogue with us to continue to share your ideas, your questions, your concerns, and your need for support. Through this collaborative process, we look forward to witnessing the continued growth of our community throughout these next three years.

Warmly,

Jackie Gonzalez, MS, R-DMT, CAT-LP
nysadtapresident@gmail.com

BOARD MEMBERS 2015-2018



Acting President/Vice President: Jackie Gonzalez, MS, R-DMT, CAT-LP

Hello! My name is Jackie Gonzalez & I am a native of Des Moines, Iowa. I began working in the mental health field after undergoing a specialized training program to work as a community educator & victim advocate with adolescent & adult survivors of sexual trauma. The response to my advocacy efforts & writing in the field inspired me to combine my passion for mental health & my love for dance to pursue a career as a dance/movement therapist. After completing my thesis, *Breaking Down Walls: A Synthesis of Verbal, Somatic, & Dance/Movement Therapy Approaches to Working with Trauma*, I earned my M.S. in Dance/Movement Therapy from Pratt Institute. I have been fortunate to work with clients in a wide variety of settings including inpatient substance abuse rehabilitation, detox, outpatient methadone treatment, adolescent & adult inpatient psychiatry. I am currently working at Metropolitan Hospital in an acute inpatient psychiatric setting with adult clients. Having previously served on the board as Public Relations Chair, I am excited to take on the role of Acting President/Vice President of the NYSADTA. I hope to continue to build upon the work of my predecessors while looking for new ways to help support the work of dance/movement therapists throughout New York State.

Public Relations Chair: Angie Giordano-Adams, MS, R-DMT, LCAT

Hello! My name is Angie Giordano-Adams and this is my first year on the NYSADTA board! I moved to NYC from Georgia in 2007 and pursued dance/movement therapy at Pratt Insitute. I am the Public Relations Chair for the board and am excited about pushing our chapter into the public relations spotlight! I am currently active with ADTA public relations committees for Youtube and Pinterest. I specialize in trauma with the populations of children and adolescents. I am looking forward to serving on the board and connecting with members all over New York.



BOARD MEMBERS 2015-2018



Treasurer: Jennifer Daniel, MS, BC-DMT, LCAT

Greetings! I am a board certified dance/movement therapist and a licensed creative arts therapist in New York State. I received my master's degree with distinction from Pratt Institute in 2007 and began working in outpatient psychiatry at Queens Hospital Center. I have since worked at The League School and The FOCUS Center with developmentally delayed children. I currently work at Healing Through The Arts, LLC seeing elderly clients and children. I have been involved in the NYSADTA since 2006 in the positions of Student Liaison, Corresponding Secretary, Recording Secretary, and now Treasurer. I enjoy being an active part of the chapter, staying in touch with our community of professionals, and helping bring dance/movement therapy to the public. I find my position to be extremely rewarding because it provides me the opportunity to be present at board meetings and events, participate in programming, and keeps me connecting with others on a regular basis.

Recording & Corresponding Secretary: Angela DeWall, MS

Greetings! My name is Angela DeWall, and I am serving on the NYSADTA board as Recording and Corresponding Secretary. I moved to NYC from Iowa three years ago to begin my studies as a dance/movement therapist. I graduated from Pratt Institute in May 2014 and had the pleasure of experiencing three different internship populations during the two years of graduate school. Currently I am working as a dance/movement therapy consultant part time and at a special education school. Being part of the board helps me stay connected and feel as part of a community. My time thus far in NYC has been filled with learning opportunities, eye opening situations, and exploration.



BOARD MEMBERS 2015-2018

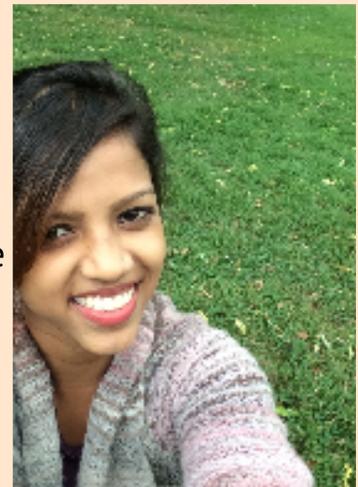


Second Year Student Representative: Vicky Botvin

Hello! My name is Vicky Botvin, and I am currently the student liaison for the NYSADTA board. I am originally from Monterrey, Mexico and attended Tulane University in New Orleans. After learning about dance/movement therapy and working with Katrina survivors, I was motivated to attend Pratt Institute in NYC and reach my goal of becoming a dance/movement therapist. I will be graduating in May 2015 with four different internship experiences and am excited to begin my life journey as a dance/movement therapist. It has been my pleasure to be the student voice for the board and keep students involved. I have truly enjoyed building my experience on the board, staying connected to other professionals in the field, and helping the NYSADTA grow.

First Year Student Representative: Neha Christopher

Hello! My name is Neha Christopher, I am currently in the first year of my Masters program in Dance Movement Therapy at Pratt Institute. I moved to New York from India in fall 2014 to pursue my dream of using dance as a mode of expression and healing! My current internship is at Kings County Hospital (acute in-patient psychiatry); this has helped me integrate theory and practice which has been both challenging and inspiring to me. Being a student member of the ADTA has taught me a lot. I, along with Vicky, am a student liaison for the NYSADTA board. Being on the NYSADTA Board has provided me the opportunity to stay connected with professionals in the field which has been invaluable.



Join the NYSADTA board!

We are actively seeking members of the NYSADTA who are interested in filling a variety of open positions on the board. We currently have the following positions available: President, Programming Chair, Fundraising Chair, IT Chair, & Newsletter Chair.

Connect with us!
www.nysadta.org



Upcoming Elections:

We will be accepting nominations at our open meeting on Monday, April 27th, 2015 for those who would like to be more active with the chapter. If you are unable to attend the meeting, please send your name, contact information, the position of interest, & a short statement that can be read at the open meeting to nysadtapresident@gmail.com. We will vote on any nominations during the open meeting.

We are also currently looking for members of the NYSADTA outside of the NYC area who would be willing to serve as local representatives, helping with our outreach efforts and communicating the needs of members in your area. Please contact nysadtapresident@gmail.com if you are interested.

UPCOMING DATES:

Open Board Meeting April 27th

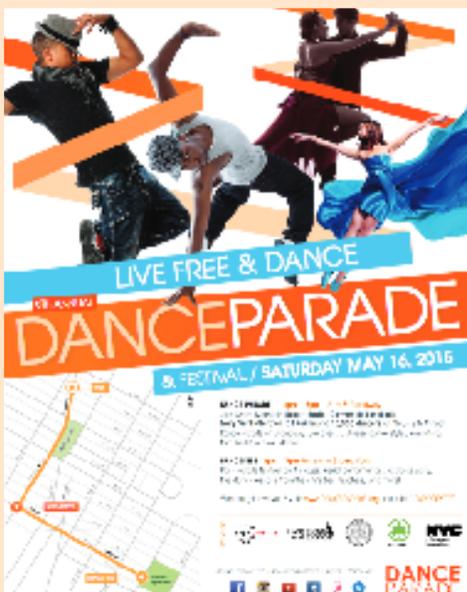
6:30-8:00 pm

Alchemical Theatre Laboratory

Studio B (3rd Floor)

104 W 14th Street

New York, NY 10011



Dance Parade May 16th

starting at 1 pm

More details to follow soon!

www.danceparade.org



Connect with us!
www.nysadta.org



Moving Stories:

Portraits of Dance/Movement Therapy

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Get your copy today!



Coming Soon...

- Spotlight on a dance/movement therapist
- Updates from neighboring chapters

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